



Saniea F. Majid, MD., FACS, FASMBS

Phone :(973)795-7955

Fax: (973)795-7909

www.weightlossandwellnesscenter

WELCOME TO WEIGHTLOSS AND WELLNESS CENTER

PATIENT INFORMATION					
Last Name	First	M.I.	Birthdate:		
Street Address			Apartment/Unit #		
City	State	ZIP			
Home Phone	Cell Phone				
Social Security No	Sex	Male / Female	Marital Status	M	S D W
Email Address:					
How did you hear about us?	Physician	Internet	Flyer	Previous Patient/Friend	
Emergency Contact:			Telephone:		
Primary Doctor:			Telephone:		
Pharmacy:			Telephone:		
PATIENT INSURANCE INFORMATION **PLEASE PROVIDE INSURANCE CARD AND PHOTO ID TO RECEPTIONIST**					
Primary Ins:			ID Number		
Policyholder:			Group Number		
Secondary Ins:			ID Number		
Policyholder:			Group Number		
Ethnicity: (optional)	African American American Indian/ Alaska Native European American Hispanic/ Latino Middle Eastern		Race: (optional)	Black/ African American American Indian/ Alaska Native Caucasian Middle Eastern Asian/ Pacific Islander	

BENEFITCIARY STATEMENT AND SIGNATURE	
<p>I request and give consent to receive healthcare services from Weight loss and Wellness Center as provided by the medical staff. I authorize and request that Weight loss and Wellness Center performs assessments, administer treatments and medications, and obtain laboratory tests as they believe may be considered advisable in the diagnosis and treatment of my condition. I realize that no particular outcome/result can be guaranteed as a result of my consent to treatments at the Weight loss and Wellness Center and that there are possible complications that may result from the course of treatment, I choose which was explained to me, and I understand the risks versus benefit assessment. I hereby release Weight loss and Wellness Center from responsibility from any injury or other adverse outcome that results from my leaving Weight loss and Wellness Center services against clinical and medical advice. I acknowledge and understand that I have read this consent or have had it read to me in my preferred language and agree that the information referred to in it has been discussed with me. I have been given an opportunity to ask further questions about any areas which were not clear to me and I am satisfied with the explanation and all of my questions have been answered.</p>	
Signature:	Date



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General Consent and Acknowledgement

Patient Name: _____ Date of Birth: _____

General Acknowledgements:

- Weight loss and Wellness Center may leave a message on my/my family's voicemail confirming appointments and/or information requested by me regarding treatments and/or medications.
- Weight loss and Wellness Center may not leave a message on my/my family's voicemail.

Consent to Treat:

I consent to examination, diagnosis, and general medical care and treatment (including, but not limited to physical examinations, administration of medications and vaccinations, recordings and/or photographs for diagnosis and/or treatment, the taking of x-rays, blood draws, diagnostic tests, laboratory tests, and other minor procedures) to be performed by employees, including but not limited to physicians, mid-level provider (Physician Assistant or Nurse Practitioner), certified medical assistants, and radiology technician of Weight loss and Wellness Center.

You have the right to discuss the treatment plan with your physician about the purpose, potential risks, and benefits of any test ordered for you. If you have any concerns regarding any test or treatment recommended by your health care provider, we encourage you to ask questions.

I understand that my protected health information will be used by Weight loss and Wellness Center, as necessary, for my treatment, to obtain payment for treatment, and for the healthcare care operations Weight loss and Wellness Center. I also understand that my protected health information will be disclosed to other Weight loss and Wellness Center affiliated if needed for the purpose of furthering my treatment, to obtain payment for treatment and for the healthcare operations for Weight loss and Wellness Center.

I understand that Weight loss and Wellness Center will warn the appropriate authorities and/or other individuals if my Weight loss and Wellness Center medical provider determines that I am a harm to myself or others.

Patient Signature (if 18 years old) or Legal Guardian if a minor

Date



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IMPORTANT OFFICE POLICIES

SCHEDULING APPOINTMENT-EMERGENCY CASES

Weight Loss and Wellness Center understand that you need to see your physician that is why we ask that you schedule appointments ahead of time. That way you can receive the necessary care from our physicians. We understand that there are emergency cases/sick visits in which you would like to see your physician. If a physicians' schedule is full our staff will do what we can to accommodate you and provide you with other physicians/providers in our practice to take care of you.

REFERRAL/PRIOR AUTHORIZATION POLICY

I understand that it is my responsibility to obtain a referral/authorization through my primary care physician's office if required by any consulting physicians and/or diagnostic centers. We ask that you obtain all necessary referrals from your primary and provide to us at the time of your visit.

MEDICAL CLEARANCE POLICY

For all surgical procedures you will be required to have a medical clearance performed by your primary care physician and a cardiologist (if applicable).

PRESCRIPTION/REFILLS OF MEDICATIONS

Regarding prescription refills, please note the following:

- Prescription requests submitted after 5:00 pm will not be called in until the next day.
- When leaving a message with our staff regarding prescription refills please include as much information as possible, including the following:
 - Complete name with spelling of last name and date of birth.
 - Name of the pharmacy and phone number
 - Name of the drug and prescription number if available
 - Any allergies or allergic reaction to any medication.
- The law prevents us from phoning in **ANY** prescriptions for narcotics to your pharmacy. If a refill is appropriate, your doctor will write a prescription that can be picked up during business hours. Please allow ample time for this process.
- We do not refill prescriptions over the weekend. Be sure to submit your request before 3:00 pm on Friday if you need your prescription filled before Monday.

NARCOTICS/CONTROLLED SUBSTANCES POLICY

The physicians of Weight Loss and Wellness do not routinely prescribe narcotics on a long-term basis, nor do we administer narcotics by injection in the clinic. No narcotic medications are kept on site. Individuals who are seeking "pain killer" for chronic use are hereby advised to seek treatment with the appropriate pain management clinic, or if the pain is severe, with the local hospital emergency department. When indicated, long-acting opiates are prescribed in extremely limited quantities without automatic refills.

Narcotic prescriptions will not be refilled after office hours or on weekends.

It is an inherently dangerous practice to receive prescriptions for narcotics and other controlled substances from several physicians at the same time. Therefore, patients who do seek narcotic prescriptions through this office agree that, unless otherwise indicated by Weight Loss and Wellness we are to be the sole prescribing physicians for the patient. Furthermore, patients desiring prescriptions for controlled substances from our office agree to grant us permission to contact pharmacies and other physicians in order to ensure compliance with this policy. If we determine multiple physicians are ordering prescriptions for pain medications we will immediately cease all orders for such treatment from our office.

I HAVE READ, UNDERSTAND, AND AGREE TO ABIDE BY THE ABOVE RELEASE OF MEDICAL INFORMATION, PAYMENT, AND OTHER OFFICE POLICIES.

Signature of Responsible Party

Date

Patient Medical Information

<u>SOCIAL HISTORY</u>			
	Yes / No	Amount	Frequency
<u>Alcohol</u>	Yes / No		
<u>Smoking</u>	Yes / No		
<u>Recreational Drugs</u>	Yes / No		
<u>MEDICAL HISTORY:</u> (Check all that apply)			
<p><u>Cardiovascular Disease</u></p> <p><input type="checkbox"/> Angina Assessment</p> <p><input type="checkbox"/> Congestive Heart Failure</p> <p><input type="checkbox"/> DVT/PE</p> <p><input type="checkbox"/> Hypertension</p> <p><input type="checkbox"/> Ischemic Heart Disease</p> <p><input type="checkbox"/> Lower Extremity Edema</p> <p><input type="checkbox"/> Peripheral Vascular Disease</p> <p><u>Gastrointestinal</u></p> <p><input type="checkbox"/> Cholelithiasis</p> <p><input type="checkbox"/> GERD</p> <p><input type="checkbox"/> Liver Disease</p>	<p><u>General</u></p> <p><input type="checkbox"/> Abdominal Hernia</p> <p><input type="checkbox"/> Abdominal Skin/Pannus</p> <p><input type="checkbox"/> Functional Status</p> <p><input type="checkbox"/> Pseudotumor</p> <p><input type="checkbox"/> Stress Urinary Incontinence</p> <p><u>Metabolic</u></p> <p><input type="checkbox"/> Diabetes</p> <p><input type="checkbox"/> GOUT/Hyperuricemia</p> <p><input type="checkbox"/> Lipids (Dyslipidemia or Hyperlipidemia)</p>	<p><u>Musculoskeletal</u></p> <p><input type="checkbox"/> Back pain</p> <p><input type="checkbox"/> Fibromyalgia</p> <p><input type="checkbox"/> Musculoskeletal Disease</p> <p><u>Psychosocial</u></p> <p><input type="checkbox"/> Alcohol Use</p> <p><input type="checkbox"/> Confirmed Mental Health Diagnosis</p> <p><input type="checkbox"/> Depression</p> <p><input type="checkbox"/> Psychosocial impairment</p> <p><input type="checkbox"/> Substance Abuse (prescription or illegal drugs)</p> <p><input type="checkbox"/> Tobacco use</p>	<p><u>Pulmonary</u></p> <p><input type="checkbox"/> Asthma</p> <p><input type="checkbox"/> COPD</p> <p><input type="checkbox"/> Obesity Hypoventilation Syndrome</p> <p><input type="checkbox"/> Obstructive Sleep Apnea Syndrome</p> <p><input type="checkbox"/> Pulmonary Hypertension</p> <p><u>Reproductive</u></p> <p><input type="checkbox"/> Menstrual Irregularities (not PCOS)</p> <p><input type="checkbox"/> Polycystic Ovarian Syndrome</p>
<u>CONDITIONS</u>			
<p><input type="checkbox"/> AIDS</p> <p><input type="checkbox"/> Alcoholism</p> <p><input type="checkbox"/> Anemia</p> <p><input type="checkbox"/> Anxiety</p> <p><input type="checkbox"/> Anorexia</p> <p><input type="checkbox"/> Appendicitis</p> <p><input type="checkbox"/> Arthritis</p> <p><input type="checkbox"/> Asthma</p> <p><input type="checkbox"/> Bleeding disorder</p> <p><input type="checkbox"/> Breast lump</p> <p><input type="checkbox"/> Bronchitis</p> <p><input type="checkbox"/> Bulimia</p> <p><input type="checkbox"/> Cancer</p> <p><input type="checkbox"/> Cataracts</p>	<p><input type="checkbox"/> Chemical Dependency</p> <p><input type="checkbox"/> Chicken Pox</p> <p><input type="checkbox"/> Diabetes</p> <p><input type="checkbox"/> Emphysema</p> <p><input type="checkbox"/> Epilepsy</p> <p><input type="checkbox"/> Glaucoma</p> <p><input type="checkbox"/> Goiter</p> <p><input type="checkbox"/> Gonorrhea</p> <p><input type="checkbox"/> Gout</p> <p><input type="checkbox"/> Heart Disease</p> <p><input type="checkbox"/> Hepatitis</p> <p><input type="checkbox"/> Hernia</p> <p><input type="checkbox"/> Herpes</p> <p><input type="checkbox"/> HBP</p> <p><input type="checkbox"/> High Cholesterol</p>	<p><input type="checkbox"/> HIV Positive</p> <p><input type="checkbox"/> Kidney Disease</p> <p><input type="checkbox"/> Liver Disease</p> <p><input type="checkbox"/> Measles</p> <p><input type="checkbox"/> Migraine Headache</p> <p><input type="checkbox"/> Miscarriage</p> <p><input type="checkbox"/> Mononucleosis</p> <p><input type="checkbox"/> Multiple Sclerosis</p> <p><input type="checkbox"/> Pacemaker</p> <p><input type="checkbox"/> Parkinsons</p> <p><input type="checkbox"/> Pneumonia</p> <p><input type="checkbox"/> Polio</p> <p><input type="checkbox"/> Prostate Problem</p>	<p><input type="checkbox"/> Psychiatric Care</p> <p><input type="checkbox"/> Stroke</p> <p><input type="checkbox"/> Suicide attempt</p> <p><input type="checkbox"/> Thyroid Problems</p> <p><input type="checkbox"/> Tonsillitis</p> <p><input type="checkbox"/> Tuberculosis</p> <p><input type="checkbox"/> Ulcers</p> <p><input type="checkbox"/> Vaginal Infections</p> <p><input type="checkbox"/> Venereal Disease</p>

<u>MEN ONLY</u>	<u>WOMEN ONLY</u>
<input type="checkbox"/> Breast Lump <input type="checkbox"/> Erection difficulties <input type="checkbox"/> Lump in Testicles <input type="checkbox"/> Penis Discharge <input type="checkbox"/> Sore on Penis <input type="checkbox"/> Other _____	<input type="checkbox"/> Abnormal Pap <input type="checkbox"/> Bleeding Between Period <input type="checkbox"/> Breast Lump <input type="checkbox"/> Extreme Menstrual Pain <input type="checkbox"/> Hot Flashes <input type="checkbox"/> Nipple Discharge <input type="checkbox"/> Painful intercourse <input type="checkbox"/> Vaginal Discharge Other: _____ Date of last Menstrual Period: _____ Date of last Pap smear: _____

MEDICATION	DOSAGE	DIRECTIONS
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		

<u>SURGICAL HISTORY & PROCEDURES:</u>			
NON BARIATRIC (not weight loss)	Year	Bariatric (weight loss) Surgery	Year
<u>Appendectomy:</u> Open/ Laparoscopic		<u>RYGB (Gastric Bypass)</u> Open/ Laparoscopic	
<u>Complications:</u> Yes/ No		Robotic	
<u>Hysterectomy:</u> Open/ Laparoscopic		<u>Sleeve Gastrostomy (Gastric Sleeve):</u> Open/	
<u>Complications:</u> Yes/ No		Laparoscopic/Robotic	
<u>Gall Bladder Removal:</u> Open/ Laparoscopic		<u>BPDS (Duodenal Switch):</u> Open/	
<u>Complications:</u> Yes/ No		Laparoscopic/Robotic	
<u>Hernia Repair:</u> Open/ Laparoscopic		<u>Gastric Band Removal:</u> Open/	
<u>Complications:</u> Yes/ No		Laparoscopic/Robotic	
<u>Abdominoplasty (tummy tuck)</u> Open/		<u>Revisional Procedures</u>	
Laparoscopic			
<u>Complications:</u> Yes/ No		<u>Endoscopic Balloons</u> (Orbera/	
		Reshape/Obalon/ other	
<u>Other:</u>		<u>Other:</u>	

HOSPITALIZATIONS

Year	Hospital	Reason for hospitalization and Outcome

FAMILY HISTORY

	Alive or Deceased	Age	Medical History
<u>Mother</u>			
<u>Father</u>			
<u>Sibling(s)</u>			
<u>Biological Children(s)</u>			

SPECIALISTS

Provider	Reason for Going	Findings	Treatment

ALLERGIES:**REACTION:**

If you are here for a weight loss consultation, then please complete the following:

Height _____ Current Weight: _____ Usual Weight: _____
 Has your weight changed in the past year ? Yes/ No If yes, please list _____ pounds Lost Gained Was it intentional ? Yes/ No

Do you exercise? Yes/ No If yes, what type and how often? _____
 Any medical reason you cannot or should not exercise ? Yes/ No If yes, please list : _____

Please rate your current stress level High Moderate Low None
 What ass most to your stress ? Family Money Health Work Other: _____

NURTIONAL INFORMATION

Have you met with a Registered dietician in the past? Yes No
 If yes, when & where ? _____

Do you follow a special diet or eating style?
 If yes, when & where ? _____

Please list any strong overall food preferences:

Who does your grocery shopping ? Myself Other

Who prepares your meals ? Myself Other

Do you ever skip meals ? Yes No Sometimes

How many meals do you typically eat each day ? _____

Do you any religious practice or food philosphies affect your diet?(i.e. Kosher, Vegetarian?)

What foods do you dislike ?

What foods do you crave?

How often do you eat in front of the TV or Computer ? _____

Do you eat more rapidly than others?
 Yes No Sometimes

Do you eat until you are feeling uncomfortably full?
 Yes No Sometimes

Do you have a history of the following? (please circle)
 Compulsive overeating binge eating disorder anorexia bulmia
 Other : _____

What was your lowest body weight as an adult ? _____

What diets have you tried to lose weight ?

How Often do you eat the Following:	Never	2-3 times/m on	1 Time/week	2-3 Times/week	1 times/ day	2-3 times / day
Fast Food						
Resturant Food						
Vending machine Food						
Cafeteria or Buffet Food						
Frozen Meals						
Home-Cooked Meals						
Leftovers						
Beef (hamburgers, steak, etc)						
Pork (chop, loin, ham, bacon, etc)						
Liver						
Lamb						
Poultry (chicken, turkey, etc)						
Deli Meats						
Fish (Type)						

How Often do you eat the Following:	Never	2-3 times/month	1 Time/week	2-3 Times/week	1 times/day	2-3 times / day
Soyfoods, (Type)						
Beans (Type)						
Crackers (Type)						
Cookies/ Cakes/ Muffins						
Whole grains, (Type)						
Fresh/ raw vegetables						
Cooked Vegetables						
Fruits : frozen or fresh						
Canned veggies or fruits						
Margarine						
Dairy (milk, yogurt, cheese, butter)						
French fries						
Fried Foods/Meats (chicken, fis, etc)						
Foods with added sweeteners. Sugar						
Artificial sweetners: (Type)						
Meal Replacements: (Type)						

BEVERAGE TYPE	Daily amount Ounces/cups and size	Weekly amount	Monthly amount
Water : (Please circle) tap filtered Bottled			
Coffee: (Please circle) Regular Decaf Latte			
Tea: what type _____			
Juice: (Please circle) Natural Fruit Drinks			
Soda: (Please circle) Regular Diet			
Milk Alternative type : _____			
Milk (Please circle) Whole 2% 1% skim			
Alcohol : (Please circle) Wine Beer Liquor			
Others : _____			



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PATIENT AUTHORIZATION FOR MEDICAL INFORMATION RELEASE

Date: _____

I, _____ hereby authorize,

(Facility/Doctor)_____

(Address)_____

To release information from the records of:

Patient's Name: _____

Patient's Signature: _____

Address: _____

Date of Birth: _____

Tel #: _____

To:

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Method of releasing information: By letter _____ Fax _____ Phone _____

Confidentiality Statement

This information has been disclosed to you from records protected by Federal and State confidentiality rules. The Federal rules prohibit you from making any disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted. Any disclosure, copying, distribution, or taking of any action in alliance on the contents of this information is prohibited.



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HIPAA Consent Form

The Health Insurance Portability and Accountability Act of 1996 (HIPAA), established a Privacy Rule to help insure that personal health care information is protected for privacy. The Privacy Rule was also created in order to provide a standard for certain health care providers to obtain their patients consent for uses and disclosures of health information about the patient to carry out treatment, payment, or health care operations.

As our patient, we want you to know that we respect the privacy of your personal medical records and will do all we can to secure and protect that privacy. We strive to always take reasonable precautions to protect your privacy. When it is appropriate or necessary, we provide the minimum necessary information only to those we feel are in need of your health care information regarding treatment, payment or health care operations, in order to provide health care that is in your best interest.

We fully support your access to your personal medical records. We may have indirect treatment relationships with you (such as laboratories that only interact with the physician and not patients), and may have to disclose personal health information for purposes of treatment, payment or health care operations. These entities are most often not required to obtain patient consent.

You may refuse to consent to the use or disclosure of your personal health information, but this must be done in writing. Under this law, we have the right to refuse to treat you should you choose to refuse to disclose your Personal Health Information. If you choose to give consent in this document, at some future time you may request to refuse all or part of your Personal Health Information. You may not revoke actions that have already been taken which relied on this or a previously signed consent.

Complaints

You may complain to our Practice administrator or to the Secretary of Health and Human Services if you believe your privacy rights have been violated by us.

Print Name

Signature

Date



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ASSIGNMENT OF BENEFITS/ ACKNOWLEDGEMENT OF CO-PAYS AND ADDITIONAL FEES

I, the undersigned, do hereby authorize and demand the assignment of all medical benefits to which I am entitled, including Medicare and other government sponsored programs, private insurance, Workers Compensation insurance, and any liability settlement payments to Weight Loss and Wellness Center.

Initial I, the undersigned, do acknowledge that I have been informed by Weight Loss and Wellness Center that there will be an insurance determined co-payment due for **each visit**. I agree to pay the required co-payment at the time of each visit and that a \$10 service charge may be added to any bill sent to collect a co-pay.

Initial I hereby authorize Weight Loss and Wellness Center to release all information necessary to secure the payment of said benefits. I understand that the benefits represented to me today are not a guarantee of payment by my insurance company. I acknowledge and understand that my insurance may not cover 100% of my bills for services provided, and that I will be responsible for the payment of any remaining balance due.

Initial If you are a Medicare patient, we will file claims for your services directly with Medicare and any supplemental insurance that you may have. If you do not have supplemental insurance you will be responsible for paying any unmet deductible and the 20% co-insurance.

Initial I hereby authorize Weight Loss and Wellness Center to release information from my medical records related to treatment rendered to me during this episode of care. The purpose for releasing said information is to keep the physician, attorney, or insurance company aware of the progress being made.

Initial I understand that it is my responsibility to provide Weight Loss and Wellness Center with appropriate current insurance information and to notify Weight Loss and Wellness Center. Immediately upon any changes in my insurance coverage to ensure efficient claims billing and payment. In the event that I fail to provide all necessary and current insurance information, I understand that my insurance company(ies) may deny payment of claims relating in services rendered to me, and I understand that I may be fully responsible for my entire account balance.

Initial Furthermore, I understand that it is my responsibility to have obtained any and all necessary referrals and authorizations required prior to treatment at Weight Loss and Wellness Center. If my insurance company requires a referral and I do not have one then I understand that I will be responsible for the entire bill for rendered services.

WAIVER OF LIABILITY

Initial I have been informed by the office staff and fully understand that the services performed, or the supplies by my insurance carrier received, may not be covered or the secondary insurance carrier, regardless of whom files for payment. I realize that anything not covered by my insurance company will be my full responsibility.

THE FOLLOWING APPLIES TO ALL PATIENTS, REGARDLESS OF INSURANCE TYPE

PATIENT DISCHARGE/COLLECTION FEES

Initial In the event of failure to pay for medical services rendered, I understand that I may be discharged from the services of Weight Loss and Wellness Center until such time as my account is paid. Additionally, I understand that I may be referred to a collection agency for non-payment of fees due for services rendered by Weight Loss and Wellness Center. I understand that I will be responsible for a 30% collection fee, all agency and attorney fees and costs associated with the collection process, and that these fees and costs will be added to my account balance. I understand that I will be responsible for paying the entire amount of my balance in addition to the collection agency fee. Further, I understand that my PHI will necessarily be revealed in these efforts to collect payment for monies owed.

RETURNED CHECK FEE

Initial I understand that in the event that my check is returned for insufficient funds, I agree to provide cash, money order or a certified check for the full amount of the payment owed, in addition to a \$50.00 returned check charge.

MISSED APPOINTMENT FEE

Initial I understand that I will be charged a \$100.00 fee if I miss an office visit without having provided a 24- hour advance notice of cancellation.

CANCELLED PROCEDURE FEE

Initial I understand that I will be charged a \$150.00 fee for cancelling or not showing up to an EGD without having provided a 5-business day advance notice of cancellation.

CANCELLED SURGERY FEE

Initial I understand that I will be charged a \$250.00 fee for cancelling or not showing up to surgery without having provided a 7-business day advance notice of cancellation.

TRANSFER OF RECORDS

Initial I understand that I will be charged a fee to transfer my records to another physician: \$10.00 flat administrative fee, plus \$1.00 per page for copying of charts. This payment is due in full prior to the copying and forwarding of records.

I, THE UNDERSIGNED HAVE READ AND UNDERSTAND THIS ASSIGNMENT OF BENEFITS AND ACKNOWLEDGEMENT OF COPAYS AND ADDITIONAL FEES. I HEREBY AUTHORIZE THE RELEASE OF ANY MEDICAL, OR OTHER INFORMATION NECESSARY TO PROCESS THE INSURANCE CLAIMS, OR OTHERWISE OBTAIN PAYMENT, AND ACCEPT FULL RESPONSIBILITY FOR PAYMENT OF ANY FEE(S) NOT COVERED BY INSURANCE.

Signature
Patient/Parent or Legal Guardian

Date

Patient's Name (Print)